

# ABIGAIL T. STEPHAN

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## EDUCATION

- 2022      **Ph.D., Learning Sciences**  
Concentration: Human Development across the Lifespan  
Dissertation Title: Examining Intergenerational Relationships in the Family  
College of Education  
Clemson University | Clemson, SC
- 2017      **B.A., Language and International Trade (Summa Cum Laude)**  
Minor: Cultural Anthropology  
College of Architecture, Arts, and Humanities  
Clemson University | Clemson, SC

## PROFESSIONAL APPOINTMENTS

- September 2023 – Present      **Research Assistant Professor**  
Department of Psychology & Institute for Engaged Aging  
College of Behavioral, Social and Health Sciences  
Clemson University | Clemson, SC
- May 2022 – August 2023      **Postdoctoral Fellow**  
Institute for Engaged Aging  
College of Behavioral, Social and Health Sciences  
Clemson University | Seneca, SC
- May 2017 – May 2022      **Graduate Administrative & Research Assistant**  
General Engineering Learning Community | General Engineering  
College of Engineering, Computing, and Applied Science  
Clemson University | Clemson, SC

## GRANTS

### ACTIVE GRANTS

Intergenerational Family Processes around Alzheimer's Disease and Related Disorders in Rural Communities. (Funded, Anticipated Project Dates: 01/2025-12/2025). Awarded by the Johns Hopkins Alzheimer's Disease Resource Center for Minority Aging Research (1P30AG059298), Total costs: \$32,224. PI: Abigail T. Stephan. Role: Principal Investigator.

Biopsychosocial-environmental Factors and Cognitive Function in Mid to Later Life: Translating Findings to Clinical Practice. (Funded, 01/2025-06/2026). Awarded by Prisma Health Education & Research Institute Seed Grant Program, \$19,995. PI: Hye Won Chai. Role: Co-Investigator.

ACTIVE MIND: An adaptive clinical trial of cognitive training to improve function and delay dementia. (Funded, 09/2024-08/2027). Awarded by the National Institute on Aging (7R01AG075014-03), \$4,555,241. PI: Jerri Edwards, Clemson University Subaward PI: Lesley Ross. Role: Co-Investigator.

Preparation for the Submission of a Multi-Institutional Application to the National Institute on Aging for an Alzheimer's Disease Research Center Designation. (08/2023-08/2025). Awarded by the South Carolina Department of Health and Human Services (A202400071A), \$2,802,177. PI: Lesley A. Ross. Role: Co-Investigator.

Cognitive training to reduce incidence of cognitive impairment in older adults. (Funded, 02/2021-01/2026). Awarded by the National Institute on Aging (5R01AG070349-04), \$10,506,386. PI: Jennifer O'Brien, Clemson University Subaward PI: Lesley Ross. Role: Co-Investigator.

## COMPLETED GRANTS

Online Deception Awareness and Resilience Training (DART). (08/2022-08/2024). Awarded by National Science Foundation, \$5,000,000, Clemson University Subaward: \$314,552. PI: Siwei Lyu, Clemson University Subaward PI: Darren Linvill. Role: Faculty Personnel (Community Content Manager).

Early Detection of Cognitive Decline: Examining Motor and IADL Functions in the Context of Neighborhood Disadvantage. (07/2022-06/2024). Awarded by Carolina Center on Alzheimer's Disease and Minority Research (CCADMR), \$29,257. PI: Christine B. Phillips. Role: Project Manager.

Early Detection of Adults At-Risk for Cognitive and Functional Decline (05/2022-04/2023). Awarded by Prisma Health Upstate, \$19,977. PI: Christine B. Phillips. Role: Project Manager.

An Ecologically-valid Monitoring of Everyday Function App. (04/2021-03/2023). Awarded by Prisma Health Upstate, \$19,998. PI: Lesley A. Ross. Role: Project Manager.

Examining the Contextual Causes and Consequences of Teacher-Student Ethnoracial Congruence. (02/2021-01/2022). Awarded by Clemson University Support for Early Exploration and Development, \$9,922. PI: Faiza M. Jamil. Role: Graduate Research Assistant.

## SUBMITTED GRANT PROPOSALS (Under Review)

Detecting Cognitive Decline in Context: The Role of Everyday Functioning and Perceptions around Health-Tracking Technologies. (Under Review, Proposed Dates: 01/2025-06/2025). Proposal submitted to the Institute for Engaged Aging and the South Carolina Alzheimer's Disease Research Center's SPARK Grant Program, \$16,480. PI: Abigail Stephan. Role: Principal Investigator.

Exploring the Role of Neurodegenerative Biomarkers as Mechanisms and Moderators of Cognitive Training Effects. (Under Review, Proposed Dates: 01/2025-06/2025). Proposal submitted to the Institute for Engaged Aging and the South Carolina Alzheimer's Disease Research Center's SPARK Grant Program, \$43,000. PI: Hye Won Chai. Role: Co-Investigator.

Clinicians' Prioritization of Care Partners' Involvement in Health Care for Persons Living with Dementia: Examining Variations by Individual and Contextual Factors. (Under Review, Proposed Dates: 04/2025-10/2026). Proposal submitted to the National Dementia Workforce Study Pilot Award Program, \$152,500. MPI: Hye Won Chai, Abigail Stephan. Role: Co-Principal Investigator.

Tailored Mobile Outreach Health and Resource Fairs (MOHRFs) as a Community-Engaged Approach to Foster Low-Income Older Adults' Participation in Alzheimer's Disease and Related Dementias Research. (Under Review, Proposed Dates: 07/2025-07/2029). Proposal submitted to National Institute of Health, National Institute on Aging R01, \$3,016,602. PI: Angela Sardina. Role: Co-Investigator.

## SUBMITTED GRANT PROPOSALS (Not Awarded Funding)

Intergenerational Social Connectedness through Community-Informed Health Programming. (Under Review, Proposed Dates: 07/2025-06/2027). Letter of Inquiry submitted to RRF Foundation for Aging, \$181,902. PI: Abigail Stephan. Role: Principal Investigator.

Investigating the Everyday Experiences of Grandparent Caregivers: Integrating Macro- and Micro-Longitudinal Approaches. (Pre-Proposal Submitted, Not Invited to Submit Full Proposal, Proposed Dates: 12/2024-11/2025). Submitted to the Network for Innovative Methods in Longitudinal Aging Studies Pilot Project Program, \$49,974. PI: Athena C. Y. Chan, Clemson University Subaward PI: Abigail T. Stephan. Role: Multiple Principal Investigator.

Healthy Aging Research to improve Medical Outcomes, Needs, and Innovation (HARMONI): Community Engagement, Data Privacy, and Ethics (CEDPE) Core. (Not Funded, Proposed Dates: 04/2024-03/2029). Submitted to National Institute of Health, \$4,505,700. Clemson University Subaward PI: Alyssa A. Gamaldo. Role: Co-Investigator.

Multigenerational Discussions and Support around Alzheimer's Disease and Related Dementias in Marginalized Communities. (Letter of Intent Submitted; Not Invited to Submit Full Proposal). Submitted to Alzheimer's Association Research Grant. PI: Abigail T. Stephan. Role: Principal Investigator.

Connecting Military-Connected Families and Older Veterans through Intergenerational Programming. (Not Funded, Proposed Dates: 04/2024-04/2025). Submitted to the South Carolina Clinical and Translational Research Institute Community Engaged Scholars Program, \$9,958. PI: Georgia L. McKown & Abigail T. Stephan. Role: Co-Principal Investigator.

Examining Communication and Planning for Alzheimer's Disease and Related Dementias through Multigenerational Family Focus Groups in South Carolina. (Not Funded, Proposed Dates: 03/2024-03/2025). Submitted to the Southern Gerontological Society Endowment Fund, \$3,000. PI: Lena G. Simon & Abigail T. Stephan. Role: Co-Principal Investigator.

## PUBLICATIONS

\*mentored graduate student co-author

\*\*mentored undergraduate student co-author

### PEER-REVIEWED JOURNAL ARTICLES

Jang, H., Mogle, J., **Stephan, A. T.**, Jeong, M., & Ross, L. A. (2024). Family relationship quality and psychological and cognitive health among grandparent caregivers: The moderating role of co-residence with adult children. *Journal of Social and Personal Relationships*. Advance online publication. <https://doi.org/10.1177/02654075241307976>

Phillips, C. B., \*McVey, A., Sprague, B. N., \*Cooper, K., **Stephan, A. T.**, & Ross, L. A. (2024). Predictive utility of four instrumental activities of daily living assessments and cognitive status changes among cognitively intact older adults. *Journal of Aging and Health*. Advance online publication. <https://doi.org/10.1177/08982643241297193>

**Stephan, A. T.**, Chai, H. W., \*McVey, A., Sprague, B. N., \*Wolf, A. V., Phillips, C. B., & Ross, L. A. (2024). Differential longitudinal associations of depressive symptoms on cognitive status by living situation in older adults. *Journal of Applied Gerontology*. Advance online publication. <https://doi.org/10.1177/07334648241285602>

**Stephan, A. T.**, \*\*Martinez, V., \*\*Moss, D., \*\*Walton, A., \*\*Bonetto, J., \*\*Hertzfeld, A., \*\*Thomas, M., \*\*Roebuck, S., \*\*Davis, W. B., \*\*Pollock, M., \*\*Lynch, S., \*\*Steele, T., \*Cooper, K., \*McVey, A., Phillips, C. B., & Ross, L. A. (2024). Undergraduate students engaging in hands-on gerontology research: A participatory case study of value gained and lessons learned. *Gerontology &*

*Geriatrics Education*. Advance online publication.  
<https://doi.org/10.1080/02701960.2024.2395995>

- Stephan, A. T.**, \*McVey, A., \*\*Steele, T., \*Cooper, K., Phillips, C. B., & Ross, L. A. (2024). Older adults' perceptions of cognitive, physical, and exergame training: A mixed methods investigation of a four-armed randomized controlled pilot trial. *Games for Health Journal*, 13(6), 459-465. <https://doi.org/10.1089/g4h.2023.0208>
- Jamil, F. M., **Stephan, A. T.**, & Bennett, A. E. (2024). Exploring longitudinal associations between teacher expectancy effects and literacy achievement. *The Elementary School Journal*, 125(1), 52-76. <https://doi.org/10.1086/731256>
- Stephan, A. T.** (2024). "Nobody else could tell those stories": Exploring recollections of grandparental narratives in early adulthood. *Marriage and Family Review*, 60(5), 273-294. <https://doi.org/10.1080/01494929.2024.2369084>
- Stephan, A. T.**, & McKown, G. L. (2024). Intergenerational connections: Skipped generation family contact during the COVID-19 Pandemic. *Personal Relationships*, 31(3), 695-713. <https://doi.org/10.1111/pere.12549>
- Phillips, C., \*McVey, A., Tian, J., **Stephan, A.**, \*\*Davis, W. B., Aflagah, E. L., & Ross, L. A. (2023). Feasibility of a pilot dyadic randomized controlled trial testing the effects of three behavioral interventions on older adults' cognitive, physical and everyday function. *Frontiers in Aging*, 4(1166338). <https://www.frontiersin.org/articles/10.3389/fragi.2023.1166338/full>
- Stephan, A. T.**, \*Hochstetter, N. D., \*Clark, V. E., & Jamil, F. M. (2023). From supportive to strained: A mixed methods exploration of emerging adults' characterizations of past and present grandparent-grandchild roles and relationships. *Emerging Adulthood*, 11(4), 933-946. <https://doi.org/10.1177/21676968231171738>
- Stephan, A.** (2023). How grandparents inform our lives: A mixed methods investigation of intergenerational influence on young adults. *Journal of Adult Development*, 31, 40-52. <https://doi.org/10.1007/s10804-023-09446-7>
- Stephan, A.** (2023). Grandparent caregiver wellbeing: A strengths-based approach utilizing the Positive Emotions, Engagement, Relationships, Meaning, and Accomplishment (PERMA) framework. *Journal of Family Issues*, 44(5), 1400-1418. <https://doi.org/10.1177/0192513X211058818>
- Jamil, F., Emerson, A., McKown, G., & **Stephan, A.** (2022). The struggle is real: An investigation of preschool teachers' perceptions of students' challenging behaviors through reflective writing. *Early Childhood Education Journal*, 50, 1395-1405. <https://doi.org/10.1007/s10643-021-01267-1>

Freed, S., Sprague, B. N., **Stephan, A.**, Tian, J., Phillips, C. B., Doyle, C., & Ross, L. A. (2021). Feasibility and enjoyment of exercise video games in older adults for social connectedness. *Frontiers in Public Health: Aging and Public Health*, 9, 1-8. <https://doi.org/10.3389/fpubh.2021.751289>.

**Stephan, A.** (2021). Intergenerational learning in the family as an informal learning process: A review of the literature. *Journal of Intergenerational Relationships*, 19(4), 441-458. <https://doi.org/10.1080/15350770.2020.1817830>.

## PEER-REVIEWED PUBLISHED CONFERENCE PROCEEDINGS

Minor, J., Stephan, E. A., **Stephan, A.**, & Neptune, A. (2021). Implementing an engineering math curriculum sequence: Preliminary results and lessons learned. *American Society for Engineering Education Conference Proceedings* (14 pages). <https://peer.asee.org/37301> ×

**Stephan, A.**, Harcum, J., Whisler, L., & Stephan, E. A. (2021). Using the Learning and Study Skills Inventory (LASSI) to track students' growth and evaluate the effectiveness of a learning strategies course. *American Society for Engineering Education Conference Proceedings* (22 pages). <https://peer.asee.org/38004>

Stephan, E. A., **Stephan, A.**, Martin, B., & Miller, M. K. (2021). Exploring Engineering: Peer sharing presentations in first-year engineering curriculum. *American Society for Engineering Education Conference Proceedings* (17 pages). <https://peer.asee.org/37141>

Whisler, L., Stephan, E. A., & **Stephan, A.** (2020). Continuing to promote metacognitive awareness in a first-year learning strategies course. *American Society for Engineering Education Conference Proceedings* (15 pages). <https://doi.org/10.18260/1-2--34331> ×

**Stephan, A.**, Stephan, E. A., & Miller, M. K. (2020). Extended exam wrappers: A comparison of approaches in a learning strategies course. *American Society for Engineering Education Conference Proceedings* (13 pages). <https://doi.org/10.18260/1-2--34654>.

**Stephan, A.**, Whisler, L., Stephan, E. A., & Neptune, A. I. (2020). Peer sharing presentations in a first-year engineering learning strategies course. *American Society for Engineering Education Conference Proceedings* (15 pages). <https://doi.org/10.18260/1-2--35047>

**Stephan, A.**, Whisler, L., Stephan, E. A., & Trogden, B. (2019). Using exam wrappers in a self-directed first-year learning strategies course. *Proceedings of the American Society for Engineering Education Annual Conference and Exposition* (15 pages). <https://doi.org/10.18260/1-2--33503> ×

Whisler, L., **Stephan, A.**, & Stephan, E. A. (2019). Promoting metacognitive awareness in a first-year learning strategies course for cohorted general engineering students. *Proceedings of the American Society for Engineering Education Annual Conference and Exposition* (15 pages). <https://doi.org/10.18260/1-2--33210>

Stephan, E. A., Whisler, L., & **Stephan, A.** (2018). Work in progress: Strategic, translational retention initiatives to promote engineering success. *Proceedings of the American Society for Engineering Education Annual Conference and Exposition* (15 pages). <https://doi.org/10.18260/1-2--31305>

\* Indicates paper received award or other recognition

## PRACTITIONER-FOCUSED ARTICLES

**Stephan, A.**, & Avilés, J. (2024). Play for All Ages: The Benefits of Intergenerational Recreational Physical Activity. *National Council on Aging*. <https://www.ncoa.org/article/play-for-all-ages-the-benefits-of-intergenerational-recreational-physical-activity/>

\*\*Moss, D., **Stephan, A.**, Phillips, C., & Stewart, C. (2024). Scams and Online Deception: How to Protect Yourself and the Younger Adults in Your Life. *National Council on Aging*. <https://www.ncoa.org/article/scams-and-online-deception-how-to-protect-yourself-and-the-younger-adults-in-your-life>

**Stephan, A.** (2023). An unrecognized care: Grandparents' contributions within and outside of the family. *International Federation for Family Development (IFFD) Papers*, Article 129. <https://familyperspective.org/2023/03/28/129-grandparents-contributions-within-and-outside-of-the-family/>

## MANUSCRIPTS UNDER REVIEW

Chan, A. C. Y., **Stephan, A. T.**, & Sneed, R. S. (Under review since September 2024). Longitudinal associations between intensity of grandparent caregiving and well-being: A dyadic perspective in the Health and Retirement Study.

Ross, L. A., Fine, C., **Stephan, A. T.**, Chai, H. W., \*McVey, A., Phillips, C. B., Gamaldo, A., Mogle, J., Dennis, N., Sliwinski, M., & Visscher, K. (Under review since August 2024). The Everyday Function Intervention Trial (EFIT): A randomized clinical trial. Revise & resubmit.

## MANUSCRIPTS IN PREPARATION

Chai, H. W., Gamaldo, A. A., Gamaldo, C., **Stephan, A. T.**, Phillips, C. B., & Ross, L.A. (In preparation). Exploring the associations among sleep profiler, daily sleep, and the Pittsburgh Sleep Quality Index (PSQI) in older adults. Planned submission in January 2025.

Flood, S., Juris, J., **Stephan, A.**, & Craig, L. (In preparation). Grandparent time use: A descriptive analysis by gender and household structure. Planned submission in June 2025.

McKown, G., Hirsch, S., **Stephan, A.**, & Kelley, M. (In preparation). Pre-Service teachers' perceptions of classroom simulation experiences. Planned submission in January 2025.

Ross, L. A., Shields, J., **Stephan, A. T.**, Chai, H. W., & Phillips, C. B. (In preparation). Elucidating the Necessary Active Components of Training (ENACT): A randomized trial. Planned submission in January 2025.

**Stephan, A. T.**, Chai, H. W., Nicholson, J. S., Phillips, C. B., & Ross, L. A. (In preparation). Participant motivation typologies as correlates of study participation and retention in randomized, controlled trials targeting cognitive aging. Planned submission in February 2025.

**Stephan, A.**, Fassi, J., Chan, A., & McKown, G. (In preparation). Perceptions of the grandparent experience by caregiver status in the United States. Planned submission in February 2025.

**Stephan, A.**, \*Hochstetter, N., \*Clark, V., \*Akande, I., & Jamil, F. (In preparation). Navigating family-school relationships in rural communities: A scoping review. Planned submission in March 2025.

**Stephan, A.**, \*\*Wayt, C., & Schurch, T. (In preparation). Incorporating opportunities for nature exposure for older adults in independent and assisted living: A community design studio for landscape architecture undergraduate students. Planned submission in January 2025.

## **CONFERENCE PRESENTATIONS**

\*mentored graduate student co-author

\*\*mentored undergraduate student co-author

### **NATIONAL AND INTERNATIONAL CONFERENCE PRESENTATIONS**

McKown, G. L., & **Stephan, A. T.** (November, 2024). *Promoting Resilience in Military Connected Families: Perspectives from Adolescents, Parents, and Teachers*. Paper presented in the Reconceptualizing Resilience: Expanding Our Understanding for All Families Symposium Session through the Families and Health Section at the 2024 National Council on Family Relations Annual Conference, Bellevue, WA.

- Stephan, A. T.**, Ogan, M., & Socias, I. (November, 2024). *Supporting Translational and Applied Scholarship: Mentorship Relationships Across Sectors for Family Scientists*. Poster presented in the Family Science Pedagogy Session through Advancing Family Science Section at the 2024 National Council on Family Relations Annual Conference, Bellevue, WA.
- Chai, H., Gamaldo, A. A., Gamaldo, C., Ross, L. A., Phillips, C. B., & **Stephan, A. T.** (November, 2024). *Exploring the Associations Between Daily Sleep and the Pittsburgh Sleep Quality Index (PSQI) Among Older Adults*. Poster presented at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA.
- \*\*Walton, A., \*\*Moss, D., **Stephan, A. T.**, Phillips, C. B., & Ross, L. A. (November, 2024). *Frequency of Social Media Use is Associated with Delay Discounting in Older Adults*. Poster presented at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA.
- \*Hentnik, H. B., Phillips, C., **Stephan, A. T.**, Ross, L. A., & Gurchiek, R. D. (November, 2024). *Towards Gait-Based Screening for Cognitive Impairment*. Poster presented at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA.
- Stephan, A. T.**, \*\*Martinez, V., \*\*Moss, D., \*\*Walton, M., \*McVey, A., \*Cooper, K., Phillips, C. B., & Ross, L. A. (November, 2024). *Undergraduate Students Conducting Gerontology Research: An Avenue for Intergenerational Connection*. Paper presented in the Intergenerational Engagement in Higher Education: Successes, Setbacks, and Best Practices Symposium Session at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA.
- McKown, G., & **Stephan, A.** (October, 2024). *Making the Most of Change: A Strengths Based Study of Military-Connected Teens, Parents, and Teachers*. Paper presented at the Purple Star USA: National Convening of Schools and Communities, Chicago, IL.
- Flood, S., Juris, J., & **Stephan, A.** (October, 2024). *Grandparent Time Investments in Grandchildren in the United States: The Roles of Gender and Family Structure*. Paper accepted to the 46<sup>th</sup> International Association for Time Use Research Conference, Corfu, Greece.
- McKown, G., & **Stephan, A.** (April, 2024). *Exploring the Strengths of Military Connected Teens: A Qualitative Study of Teens, Parents, and Teachers*. Paper presented at the Southeastern School Behavioral Health Conference, Myrtle Beach, SC.

- McKown, G., & **Stephan, A.** (April, 2024). *Exploring The Academic Experiences of Military-Connected Students: A Qualitative Study of Adolescents in the United States*. Poster presented at the Society for Research on Adolescence Annual Meeting, Chicago, IL.
- Stephan, A. T.**, \*\*Martinez, V., \*\*Hertzfeld, A., \*\*Davis, W. B., \*\*Moss, D., \*\*Bonetto, J., \*\*Lynch, S., \*\*Pollock, M., \*\*Roebuck, S., \*\*Steele, T., \*\*Thomas, M., \*\*Walton, M., \*McVey, A., \*Cooper, K., Phillips, C. B., & Ross, L. A. (April, 2024). *Examining Undergraduate Students' Experiences with Hands-On Gerontology Research*. Paper presented at Southern Gerontological Society 45th Annual Meeting and Conference, Greenville, SC.
- Stephan, A.**, & Chan, A. C. Y. (November, 2023). *Grandparents' Activity Engagement with Grandchildren as a Function of Caregiver Status*. Paper presented in A Historical-Contextual Perspective on Grandparents' Activities with Grandchildren Symposium at the Gerontological Society of America 2023 Annual Scientific Meeting, Tampa, FL.
- \*McVey, A., **Stephan, A.**, \*Cooper, K. A., \*\*Steele, T. P., Phillips, C., Ross, L., & Gamaldo, A. (November, 2023). *Development and Acceptability of a Mobile App for Monitoring Everyday Functional Abilities*. Poster presented in Technology: Older Adult Interface and Use Session at the Gerontological Society of America 2023 Annual Scientific Meeting, Tampa, FL.
- Stephan, A.**, & McKown, G. (July, 2023). *Making the Most of Their Changing World: Embracing Intergenerational Community Relationships for Military-Connected Children*. Roundtable Presentation at Generations United's 2023 Global Intergenerational Conference, Washington, D.C.
- Stephan, A.** (November, 2022). *Benefits and Challenges: Investigating the Light and Shadow of the Modern Grandparent Experience*. Poster presented at the 2022 National Council on Family Relations Annual Conference, Minneapolis, MN.
- Tian, J., **Stephan, A.**, & Ross, L. (November, 2022). *Characteristics of Older Adults' Leisure Activities: A Daily Diary Investigation*. Paper presented in Determinants and Consequences of Leisure Activity Engagement and Constraints in Older Adult Populations Symposium at the Gerontological Society of America 2022 Annual Scientific Meeting, Indianapolis, IN.
- Phillips, C. B., **Stephan, A.**, \*McVey, A., Tian, J., Freed, S., & Ross, L. A. (April, 2022). *Preliminary Effects of Three Behavioral Interventions on Functional Outcomes in Older Adults: Results from the Cognitive and Physical Exercise Study (CAPES)*. Presented at the 2022 Cognitive Aging Conference, Atlanta, GA.

- Stephan, A.,** Baker, A., \*Cofield, W., & \*\*Richardson, P. (April, 2022). *Authentic Learning and Play through Intergenerational Connections in Makerspaces*. Presented at the 2022 Conference on the Value of Play, Clemson, SC.
- Stephan, A.,** Tian, J., & Ross, L. A. (November, 2021). *Multitasking in Older Adults' Daily Activities: A Preliminary Investigation*. Poster presented at Gerontological Society of America 2021 Annual Scientific Meeting. [online conference format].
- Stephan, A.** (November, 2021). *The Grandparent-Grandchild Relationship: A Potential Key to Unlocking Greater Well-Being for Emerging Adults*. Poster presented at the Society for the Study of Emerging Adulthood's 10<sup>th</sup> Annual Conference on Emerging Adulthood. [online conference format].
- Jamil, F., O'Hara, M., **Stephan, A.,** Bennett, A., & McKown, G. (October, 2021). *Representation Matters: Understanding the Role of an Ethnically Diverse Teacher Workforce in Closing Opportunity Gaps*. Presented at the Scholarly Consortium of Innovative Psychology in Education 2021 Meeting. [online conference format].
- Stephan, E. A., Miller, M. K., & **Stephan, A.** (July, 2021). *Strategic, Translational Retention Initiative to Promote Engineering Success of Underprepared Students*. Abstract accepted to the American Society for Engineering Education Annual Conference. [online conference format].
- Stephan, A.** (June, 2021). *Taking Lessons from Grandparents Along for the Journey: How Grandparents Influence the Transition into Adulthood*. Poster presented at Generations United's 2021 Virtual Intergenerational Conference. [online conference format].
- McKown, G., & **Stephan, A.** (April, 2021). *A Discussion on Enhancing Teachers' Understanding of Students' Diverse Family Systems*. Symposium session moderated at American Educational Research Association 2021 Annual Meeting. [online conference format].
- Stephan, A.** (April, 2021). *Intergenerational Play within the Workplace: A Powerful Mechanism for Informal Learning*. Presented at the 2021 Conference on the Value of Play. [online conference format].
- Stephan, A.** (March, 2021). *Finding Oneself in the Modern World: The Influence of Intergenerational Relationships on Youth Identity Development*. Poster presented at Society for Research on Adolescence Meeting. [online conference format].
- Stephan, A.** (November, 2020). *The Role of Technology in Intergenerational Learning Experiences*. Poster presented at the Learning Sciences Graduate Student Conference, Madison, WI. [online conference format].

- Stephan, A.**, Baker, A., & Bennett, A. (April, 2020). *The Influence of Preschool Educators' Beliefs About Play-Based Learning on Instructional Delivery*. Proposal accepted to the PLAY Conference: 2020 Conference on the Value of Play, Clemson, SC. [online conference format].
- Stephan, A.** (March, 2020). *Finding Oneself in the Modern World: The Influence of Intergenerational Relationships on Youth Identity Development*. Poster accepted to Society for Research on Adolescence Biennial Meeting, San Diego, CA. [conference cancelled].<sup>×</sup>
- Stephan, E. A., **Stephan, A.**, Whisler, L., Miller, M. K., & Neptune, A. I. (March, 2020). *Engineering Learning Strategies Course Supports Student Retention*. Workshop presented at the American Society for Engineering Education Southeast Annual Conference, Auburn, AL.
- Whisler, L., & **Stephan, A.** (February, 2020). *Impact of Entangled Learning on First-Year Undergraduate Engineering Student Readiness for Self-Directed Learning*. International Society of Self-Directed Learning Symposium, Cocoa Beach, FL.
- Stephan, A.** (October, 2019). *Transferring Learning in the Family and Community to the Classroom: A Review of Intergenerational Learning Experiences for Marginalized Youth*. Poster presented at The Scholarly Consortium for Innovative Psychology in Education Biennial Conference, Savannah, GA.<sup>×</sup>
- Stephan, A.**, Bolding, C., & McKown, G. (2019). *Familial Influence on Engineering Student Sense of Belonging and Engineering Identity*. International Conference on Social and Education Sciences 2019, Monument, CO.
- Stephan, A.** (May, 2019). *Exploring Contemporary Intergenerational Learning for Marginalized Populations: A Review of the Literature*. Abstract accepted to HASTAC, Vancouver, Canada.
- Stephan, A.**, & Bennett, A. (April, 2019). *Play across Generations: A Literature Review of Intergenerational Learning Experiences*. Paper presented at PLAY Conference, Clemson, SC.
- Baker, A., Bennett, A., & **Stephan, A.** (March, 2019). *Examining Kindergarten Readiness Skills Using a Play-Based, Nature-Focused Preschool Curriculum*. Paper presented at PLAY Conference, Clemson, SC.
- Whisler, L., **Stephan, A.**, Stephan, E. A. (November, 2018). *Learning Support for Underserved Engineering Students: Creating an Entangled Learning Community of Scholars*. Paper presented at the Association of American Colleges and Universities Transforming STEM Higher Education Conference, Atlanta, GA.

<sup>×</sup> Indicates paper received award or other recognition

## LOCAL AND REGIONAL CONFERENCE PRESENTATIONS

- Chai, H., **Stephan, A. T.**, Phillips, C. B., Gamaldo, A. A., Gamaldo, C., & Ross, L. A. (November, 2024). *Exploring the Associations Between Self-Reported Daily Sleep and the Pittsburgh Sleep Quality Index (PSQI) Among Older Adults*. Presented at the South Carolina Alzheimer's Disease Research Center 2024 Research Symposium, Greenville, SC.
- Gurchiek, R. D., \*Hentnik, H. T., Phillips, C. B., **Stephan, A. T.**, & Ross, L. A. (November, 2024). *The Effect of Cognitive Impairment on Gait is Multifactorial*. Presented at the South Carolina Alzheimer's Disease Research Center 2024 Research Symposium, Greenville, SC.
- \*McVey, A., \*Cooper, K., **Stephan, A. T.**, Phillips, C. B., Gamaldo, A., & Ross, L. A. (November, 2024). *Development and Acceptability of a Mobile App for Monitoring Everyday Functional Abilities*. Poster presented at the South Carolina Alzheimer's Disease Research Center 2024 Research Symposium, Greenville, SC.
- \*Davis, W. B., **Stephan, A. T.**, Phillips, C. B., & Ross, L. A. (November, 2024). *Examining Undergraduate Students' Experience in Gerontology Research*. Presented at the Medical University of South Carolina Student Research Day, Charleston, SC.
- \*\*Wayt, C., **Stephan, A. T.**, & Schurch, T. (August, 2024). *"It gave me a chance to think about helping society through our profession": Equipping the next generation of landscape architects with the skills to serve an aging population*. Poster presented at the Clemson University Creative Inquiry + Undergraduate Research Showcase 2024, Clemson, SC.
- \*\*Steele, T., \*\*Roebuck, S., \*\*Saito, A., \*\*Bonetto, J., **Stephan, A.**, Ross, L., & Phillips, C. (April, 2023). *A Mobile Application to Track Brain Function: Older Adults' Perceptions of App Acceptability*. Poster presented at the 6th Annual Clemson University Student Research Forum, Clemson, SC.
- \*\*Pollock, M., \*\*Hertzfeld, A., \*\*Davis, W. B., Phillips, C., Ross, L., & **Stephan, A.** (April, 2023). *Associations between Motor and Cognitive Functions in Older Adults*. Poster presented at the 18th Annual Focus on Creative Inquiry (FoCI) Poster Forum, Clemson, SC.
- Stephan, A.**, O'Hara, R., McKown, G., & Jamil, F. (March, 2022). *Examining Teacher Student Ethnoracial Congruence at the District-Level: A Key to Unlocking Equitable Education*. Paper presented at Clemson University Connected Learning in Education and Research (CLEaR) Lab Research Forum, Clemson, SC. ×

**Stephan, A., & McKown, G.** (February, 2021). *The Comparison of Two Family Units Facing Separation: A Preliminary Investigation*. Presented at the Clemson University Connected Learning in Education and Research (CLEaR) Lab Virtual Poster Session Event. [online conference format].

**Stephan, A.** (March, 2020). *Intergenerational Relationships and Youth Identity Development: A Review of the Literature*. Accepted to Graduate Research and Discovery Symposium, Clemson, SC. [conference cancelled].

Whisler, L., **Stephan, A.**, & Stephan, E. A. (March, 2020). *Boost Your Students' Success with a Learning and Professional Development Strategies Course*. Workshop presented at the American Society for Engineering Education Southeast Section Conference, Auburn, AL.

Stephan, E. A., **Stephan, A.**, Whisler, L., Miller, M. K., & Neptune, A. I. (March, 2020). *Engineering Learning Strategies Course Supports Student Retention*. Paper presented at the American Society for Engineering Education Southeast Section Conference, Auburn, AL.

**Stephan, A.** (April, 2019). *Using Exam Wrappers in a Self-Directed First-Year Learning Strategies Course*. Poster presented at the Clemson University Graduate Research and Discovery Symposium, Clemson, SC.

**Stephan, A., & McKown, G.** (March, 2019). *Intergenerational Learning Opportunities Among Military-Connected Families: A Review of the Literature*. Paper presented at South Carolina Educators for the Practical Use of Research Annual Conference, Columbia, SC.

**Stephan, A.** (April, 2018). *Bolstering Academic Success through the General Engineering Learning Community*. Poster presented at the Clemson University College of Education Research Symposium, Clemson, SC. ×

**Stephan, A.** (March, 2018). *The Impact of Community Learning on Academic Achievement for First-Year Engineering Students*. Poster presented at the South Carolina Educators for the Practical Use of Research (SCEPUR) Annual Conference, Columbia, SC.

× Indicates paper received award or other recognition

## **ORGANIZED TALKS AND EVENTS**

*The Academy for Gerontology in Higher Education's 13<sup>th</sup> Annual Teaching Institute: Utilizing Advocacy and Impacting Policy in Aging-Related Classes.* Workshop co-organizer in collaboration with L. Donorfio, T. Newsham, L. Borrero, A. Perone, and J. Fassi at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA, November 2024.

*Intergenerational Engagement in Higher Education: Successes, Setbacks, and Best Practices.* Symposium session co-chair in collaboration with J. Fassi at the Gerontological Society of America 2024 Annual Scientific Meeting, Seattle, WA, November 2024.

*South Carolina Alzheimer's Disease Research Center Research Symposium.* Conference co-organizer in collaboration with J. S. Wiley, G. Sanchez, S. Lambert, B. Stanback, and Y. Mulakala. Greenville, SC, November 2024.

*Artificial Intelligence Innovations in Gerontological Education and Research.* Panel discussion co-organizer in collaboration with J. Fassi through the Academy for Gerontology in Higher Education's Educator Resource Development Workgroup Webinar Series, Gerontological Society of America. Live Webinar Session, October 2024.

*Underinvestment in Children Policies around the World.* Featured speaker: Ignacio Socias. Webinar co-organizer in collaboration with L. Barbano and M. Ogan. Research Impact Hub Webinar Series. Live Webinar Session, September 2024.

*Exploring Careers in Intergenerational Work: Insights and Connections.* Webinar co-organizer and host in collaboration with T. Burgess, C. De Fries, and J. Juris. Intergenerational Learning, Research, and Community Engagement Interest Group Webinar Series, Gerontological Society of America. Live Webinar Session, August 2024.

*Intergenerationology: What It Is and How We Can Use It.* Webinar co-organizer and host in collaboration with T. Burgess, C. De Fries, and J. Juris. Intergenerational Learning, Research, and Community Engagement Interest Group Webinar Series, Gerontological Society of America. Live Webinar Session, June 2024.

*A Discussion on Enhancing Teachers' Understanding of Students' Diverse Family Systems.* Symposium session organizer and moderator in collaboration with G. McKown at American Educational Research Association 2021 Annual Meeting, April 2021 [online conference format].

*Gender Identity in STEM Fields.* Interactive event host and session facilitator in collaboration with G. McKown at Bring Your Daughter to Clemson Event, Clemson, SC, May 2018.

**INVITED TALKS AND KEYNOTES**

*Policy Series: Technology in Aging - Artificial Intelligence.* Invited Panelist. Gerontological Society of America, November 2024.

*Career Trajectories for Past Peer Assisted Learning Leaders and Tutors.* Invited Panelist. Academic Success Center, Clemson University. Live Panel Session, April 2024.

*What Is Healthy Aging?* Invited Speaker and Discussion Co-Facilitator. Dominion Senior Living at Patrick Square, Clemson, SC, March 2024.

*Utilizing GSA Interest Groups to Advance Your Career and Find Your People.* Invited Panelist. GSA Career Conversations, Gerontological Society of America. Live Panel Session, March 2024.

*Qualitative Analysis.* Invited Speaker. Youth & Technology Class with Dr. Abby Baker, Clemson University. Live Guest Chat, November 2023.

*Promoting Engaged Aging through Social Connection.* Invited Breakout Session Speaker. Southern Regional Conference for Learning in Retirement (SRCLIR). Clemson, SC, July 2023.

*The Tracking Real-world Activities in Life Study (TRAiLS).* Invited Speaker. Leadership Oconee – Health and Human Services Day. Oconee Memorial Hospital, Seneca, SC, July 2023.

*Leveraging Grandparents' Labor: A Consideration of Contributions Within and Outside of the Family.* Invited Panelist. The International Federation for Family Development Briefing at the 61<sup>st</sup> Session of the Commission for Social Development. United Nations Headquarters, New York, NY, February 2023.

*Intergenerational Play.* Invited Speaker. Play Class with Dr. Heather Von Bank, University of Minnesota-Mankato. Live Guest Chat, June 2022.

*Grandparent-Grandchild Relationships and the Power of Intergenerational Learning.* Invited Speaker. The Long Distance Grandparent. Live Guest Expert Chat, September 2021.

*Thinking Outside the Box: Alternative Assessment Methods.* Invited Speaker. American Society for Engineering Education. Live Webinar, October 2020.

**FEATURED IN THE MEDIA**

*Episode 77: Bridging Generations with Dr. Abigail T. Stephan.* This is Growing Old. Recorded Podcast, October 2024.

Reference to Stephan (2023) in Verny, T. R. (November 29, 2023). In Praise of Grandparents: Studies Show Time Spent with Grandchildren Confers Benefits to Both Parties. *Psychology Today*.  
<https://www.psychologytoday.com/us/blog/explorations-of-the-mind/202311/in-praise-of-grandparents>

*Episode 98: What Makes Grandfathers Unique?* The Cool Grandpa Podcast. Recorded Podcast, September 2022.

*Episode 78: What Does it Mean to Be a Grandparent?* Adventures with Grammy. Recorded Podcast, July 2022.

**ADDITIONAL FUNDING****AWARDED TRAVEL GRANTS**

November 2021	Graduate Travel Grant for the Gerontological Society of America Annual Meeting [\$750]
April 2021	Graduate Travel Grant for the American Educational Research Association Annual Meeting [\$250]
June 2020	Graduate Travel Grant for the International Conference of the Learning Sciences [\$750]
October 2019	Graduate Travel Grant for The Scholarly Consortium for Innovative Psychology in Education Conference [\$472]
June 2019	Graduate Travel Grant for American Society for Engineering Education Conference [\$750]
May 2019	Graduate Travel Grant for HASTAC Conference [\$1000]

**HONORS & AWARDS**

May 2024 – Present	Faculty Scholar with Clemson University School of Health Research
November 2023	College of Behavioral, Social and Health Sciences Research Development Award

November 2023	National Council on Family Relations Research and Theory Section Students and New Professionals Spotlight
October 2020	Association of American Colleges and Universities K. Patricia Cross Future Leaders Award Nominee
June 2020	First Year Programs 2020 Best of First-Year Programs Division Paper Award for the American Society of Engineering Education Annual Conference
April 2020	College of Engineering Student Assistant of the Year [\$250]
March 2020	Society for Research on Adolescence Special Poster Session Participant in Adolescence in the Context of Domestic and Global Diversity
October 2019	Scholarly Consortium for Innovative Psychology in Education Graduate Student Poster Award 2019 [\$100]
June 2019	First-Year Programs 2019 Best Student Presentation Award for the American Society of Engineering Education Annual Conference [\$250]
April 2018	Graduate Research and Discovery Symposium 2018, 1 <sup>st</sup> Place for College of Education [\$250]

### **RESEARCH TEAM MEMBERSHIP**

Fall 2020 – Present	Study of Healthy Aging and Applied Research Programs (SHAARP) Lab <i>Pennsylvania State University &amp; Clemson University</i>
Fall 2017 – Present	Contexts of Learning and Development (CLAD) Lab <i>Clemson University</i>

### **TEACHING, PEDAGOGICAL, & INSTRUCTIONAL DESIGN EXPERIENCE**

#### *Instructor of Record/Sole Instructor*

Child Growth and Development (S22)  
Learning Coach Creative Inquiry (F19)  
University Success Skills (F18, F19)

#### *Co-Facilitator of Experiential Learning*

Healthy Aging Creative Inquiry (F22, S23, Su23, F23, S24, F24, S25)

*Course Designer*

Engineering Success Skills (F20, F21)

*Teaching Assistant*

Child Growth and Development (S20)

**MENTORSHIP****UNDERGRADUATE STUDENTS**

Julia Bonetto – Psychology (Fall 2022-Spring 2024)  
 W. Bennett Davis – Health Sciences (Spring 2022-Spring 2024)  
 Ashley Hertzfeld – Psychology (Spring 2023-Spring 2024)  
 Milan Lewis-Harris – Biological Sciences (Spring 2025-present)  
 Seth Lynch – Psychology (Summer 2023-Spring 2024)  
 Vanessa Martinez – Psychology (Spring 2023-present)  
 Daniel Moss – Psychology (Summer 2023-present)  
 Amanda Padillo – Special Education (Spring 2023)  
 Madison Pollock – Biological Science (Spring 2022-Fall 2023)  
 Samuel Roebuck – Biological Science (Fall 2022-Fall 2023)  
 Akiha Saito – Psychology (Fall 2022-Spring 2023)  
 Tatum Steele – Psychology (Spring 2021-Spring 2024)  
 Morgan Thomas – Psychology (Fall 2022-Fall 2023)  
 Allison Walton – Psychology, Furman University (Spring 2023-present)  
 Cordelia Wayt – Landscape Architecture (Spring 2024-present)  
 Charlotte Weaver – Biological Sciences (Spring 2025-present)  
 Samantha Webber – Psychology (Fall 2022)

**PROFESSIONAL SERVICE****SERVICE TO THE PROFESSION**

August 2024 – Present	Journal of Intergenerational Relationships <i>Editorial Board Member</i>
April 2024 – Present	Family Relations: Interdisciplinary Journal of Applied Family Science <i>Editorial Fellow</i>
January 2024 – Present	Gerontological Society of America Intergenerational Learning, Research, and Community Engagement Interest Group <i>Associate Convener</i>

- January 2024 – Present      Gerontological Society of America Academy for Gerontology  
in Higher Education  
*Emerging Scholar and Professionals Organization Junior Leader*
- January 2024 – Present      Certified Family Life Educator Academic Program Review  
*Committee Member*

#### AD-HOC REVIEWER: JOURNALS

*Alzheimer's and Dementia: The Journal of the Alzheimer's Association*  
*Applied Developmental Science*  
*The Assembly*  
*Educational Gerontology*  
*Educational Research and Evaluation*  
*Emerging Voices in Education*  
*Family Relations*  
*The Gerontologist*  
*Gerontology and Geriatrics Education*  
*GrandFamilies: The Contemporary Journal of Research, Practice and Policy*  
*Journal of Aging and Health*  
*Journal of Applied Gerontology*  
*Journal of Family Issues*  
*Journal of Family Theory and Review*  
*Journal of Gerontology, Series A: Medical Sciences*  
*Journal of Gerontology, Series B: Social Sciences*  
*Journal of Intergenerational Relationships*  
*Journal of Marriage and Family*

#### AD-HOC REVIEWER: CONFERENCES

American Educational Research Association Annual Meeting  
 American Society for Engineering Education Conference  
 Gerontological Society of America Annual Scientific Meeting  
 International Conference of the Learning Sciences  
 Learning Sciences Graduate Student Conference  
 National Council on Family Relations Conference

#### SERVICE TO THE UNIVERSITY

- Summer-Fall 2024      Clemson University Institute for Engaged Aging South Carolina  
Alzheimer's Disease Research Center 2024 Research Symposium  
*Conference Planning Committee Member*
- Summer 2024      Clemson University Institute for Engaged Aging Search  
Committee for Research Associate Professor  
*Committee Member*

Fall 2021	Clemson University Department of Education and Human Development Search Committee for Advanced Assistant / Associate Professor <i>Graduate Student Member</i>
Fall 2020 – Spring 2021	Clemson University Quality Enhancement Planning (QEP) Team <i>Exploratory Group Member</i>
Fall 2019 – Spring 2021	Clemson Learning Sciences Student Organization <i>Founder, President</i>
Fall 2018 – Spring 2020	Clemson University College of Education Graduate Student Advisory Board <i>Advisory Board Member</i>

### **PROFESSIONAL AFFILIATIONS**

American Educational Research Association (AERA) | Division C/E  
 American Society for Engineering Education (ASEE)  
 Gerontological Society of America (GSA)  
 National Council on Family Relations (NCFR)  
 Society for Research on Adolescence (SRA)  
 Southern Gerontological Society (SGS)  
 Generations United's Shared Site Learning Network  
 Network for Innovative Methods in Longitudinal Aging Studies

### **CERTIFICATIONS & SPECIALIZED TRAINING**

2024	CoGenerate Solutions to Social Isolation & Loneliness: Innovators' Community of Practice
2024-2025	TT-START: Tenure-Track - Strategizing Time and Aspirations-a Roadmap for Tenure Program for 1 <sup>st</sup> and 2 <sup>nd</sup> Year Faculty through the Gerontological Society of America
2023-2024	Aging Patient-Centered Outcomes Research Learning Collaborative: Partnerships Training Course
2022-2023	National Council on Family Relations Mentoring Academy
June 2022	Panel Study of Income Dynamics (PSID) Data User Workshop   ICPSR
March 2022	Certified Family Life Educator (CFLE)   National Council on Family Relations
June 2020	International Certificate in Intergenerational Learning, Fifth Edition

### **CONSULTING**

August 2022 – Present	Quality Evaluation Designs <i>Assistant Principal &amp; Associate Consultant (03/2024–Present)</i> <i>Senior Consultant (08/2022-03/2024)</i>
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